



Dear Families,

Thank you for allowing us to become a part of your children's lives through our Healthy School Lunch Program. As parents of 2 young girls ourselves (Juliana, 18 and Emilia, 13), we are proud to provide nutritious and healthy meals for your children just as we do for ours. The philosophy behind our program is simple:

1. Prepare and present foods that children enjoy and want to eat.
2. Incorporate healthy additives into each meal.
3. Offer new and unfamiliar items to broaden their developing palates.
4. Fresh is best! We strive to use seasonal fresh ingredients every day.
5. Provide many alternate selections for the more discriminating taste buds.
6. Offer a convenient online ordering experience.

CATERING SOLUTIONS is proud to be your lunch program provider this year!

Hot and cold meal options (regular and vegetarian along with many other options) are available each day that school is open (full day). It is important to know that we offer 3 different sizes of meals, regular, large and larger. Typically, children through Pre-K are satisfied with a "regular" and generally transition to the "large" in Kindergarten, then LARGER in middle school. However, every child is different. As we do offer several Healthy Add-Ons, a regular or large meal plus healthy snack may also suffice.

To begin, please click the link below to create an account for yourself as the parent. You can then add as many children as you would like to that account. If you have already ordered previously, please just update/confirm your child's classroom. Once registered, you will receive an email each month with the following month's menu, generally between the 20-25th. Simply choose which meals you wish to order for the month and submit your order. To see a calendar view of items ordered, click "History" for options.

Please click <http://cateringsolutions.h1.hotlunchonline.net> to create or log in to your account and place orders. If you need additional information, please feel free to contact us via email or phone.

Please be sure to check the policies regarding ordering and cancellation deadlines and snow day issues.

We look forward to a successful, safe and healthy school year!

Rebecca & Kim Hassouna

CATERING SOLUTIONS

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